

**Cannot Order more than 10 of any one item**

**Food Outreach**

<b>PICK UP TO 2 - MEATS</b>	
2 Frozen Salmon Fillets (Frozen)	
Chuckens Tenders (Frozen)	
Carolina Ground Turkey (Frozen)	
Hamburger (1lb) (Frozen)	
Turkey Sausage (Frozen)	
<b>Total</b>	

<b>PICK UP TO 15 - ENTREES &amp; PROTEINS</b>	
Baked Chicken Breast (Frozen)	
Dirty Rice (Frozen)	
Beef Lasagna (Frozen)	
Corned Beef (Frozen)	
Sloppy Joes (Frozen)	
Beef Vegetable Soup (Frozen)	
Salmon w/ Sweet Chili Sauce (Frozen)	
Lemon Pepper Cod (Frozen)	
Cheese Tortellini Marinara (Frozen)	
<i>Proteins</i>	
Canned Salmon (LIMIT 2)	
Canned Sardines (Limit 2)	
Canned Chicken (LIMIT 1)	
Canned Tuna	
Peanut Butter (LIMIT 2)	
<b>Total</b>	
<b>PICK UP TO 1 - JUICE</b>	
V8 Low Sodium	
Orange Juice (Frozen)	
Apple Juice	
<b>Total</b>	

**March**

<b>PICK UP TO 8 - GROCERY STAPLES</b>	
<i>Beans &amp; Legumes - Great Source of Protein</i>	
Dry Lentils	
Dried Pinto Beans	
Dried Blackeye Peas	
Dried Great Northern Beans	
Canned Garbanzo Beans	
Canned Black Beans	
Canned Red Beans	
<i>Grains - Great Source of Fiber &amp; Energy</i>	
Instant Brown Rice	
Long Grain White Rice	
Pearl Barley	
Egg Noodles (LIMIT 2)	
Penne Rigate	
Elbow Macaroni	
Spaghetti Noodles	
Old Fashioned Oats (LIMIT 2)	
Corn Tortillas - pack of 10 (Cooler C)	
<i>Soups, Sauces, &amp; Mixes</i>	
Jiffy Cornbread (LIMIT 2)	
Pancake Mix (LIMIT 2)	
Chocolate Pudding	
Banana Cream Pudding	
Box Macaroni & Cheese (LIMIT 2)	
Canned Chicken Broth	
Canned Soup - Cream of Chicken	
Canned Soup - Cream of Mushroom	
Canned Soup - Tomato	
Canned Soup - Chicken Noodle	
Canned Pasta Sauce (LIMIT 2)	
<i>Healthy Fats</i>	
1 Jar Planter's Peanuts (LIMIT 1)	
<i>Choose 1 Cold Cereal (optional)</i>	
Cornflakes	
Cheerios	
Bran Flakes	
<b>Total</b>	

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**March**

<b>PICK UP TO 15 - FRUITS, VEGGIES, &amp; SIDES</b>	
Mixed Fruit <b>(Frozen)</b>	
Edamame w/ Mushrooms <b>(Frozen)</b>	
Italian Green Beans w/ Potatoes <b>(Frozen)</b>	
Garlic Roasted Carrots <b>(Frozen)</b>	
Ranch Brussels Sprouts <b>(Frozen)</b>	
Broccoli & Cheese <b>(Frozen)</b>	
Black Beans w/ Corn & Peppers <b>(Frozen)</b>	
Garlic Roasted Mushrooms <b>(Frozen)</b>	
Buttered Carrots <b>(Frozen)</b>	
Mixed Vegetables <b>(Frozen)</b>	
Canned Whole Peeled Tomatoes	
Canned Diced Tomatoes w/ Green Chilies	
Canned Corn	
Canned Cream Corn	
Canned Carrots	
Canned Peas	
Canned Green Beans	
Canned Mixed Vegetables	
Canned Beets	
Canned Sauerkraut	
Canned Spinach	
Canned Allen Mixed Greens <b>(LIMIT 1)</b>	
Canned Applesauce <b>(LIMIT 1)</b>	
Canned Sliced Peaches <b>(LIMIT 1)</b>	
Canned Pineapple <b>(LIMIT 1)</b>	
2 Fresh Potatoes	
1 Fresh Sweet Potato	
1 Fresh Cucumber	
1 Fresh Onion	
1 Fresh Garlic	
1 Bunch Fresh Collard Greens	
2 Fresh Tomatoes	
1 Fresh Green Pepper	
1 Lb Fresh Carrots	
2 Fresh Apples	
2 Fresh Oranges	
2 Fresh Pears	
1 Head Fresh Cabbage	
<b>Total</b>	

Client Name:

Client #:

3/21/2023

Scanner:

If you are not the client listed,  
but are their proxy, please sign  
your name on the line below:

**THANK YOU!**

CALL NUMBER