

Food FOR Thought



A Tasteful Affair 30 **BROADWAY** *Making nutrition and compassion center stage for 30 years*

A Tasteful Affair 30 presented by **CENTENE** Charitable Foundation

Food Outreach celebrates its 30th year in the community with our much-anticipated "fun" raising event, **A Tasteful Affair 30 on April 22nd, from 2-5:00 p.m. at the Four Seasons - St. Louis.** The theme this year is **"Broadway, Making Nutrition and Compassion Center Stage for 30 Years"** and will feature:

- Food samples from dozens of top local chefs
- Hundreds of unique Live and Silent Auction Items
- Musical entertainment by local singer and actor, Ben Nordstrom and Friends.

General Admission Tickets (\$75 in advance/\$85 at the door): Includes complimentary food samples plus one complimentary beverage. **Tickets can be purchased at www.foodoutreach.org or by calling Marcia at 314.652.3663 x 118.**

Feel free to come dressed as your favorite Broadway character!

The BEST OF LIVE chances! This is your opportunity to claim your favorite Live Auction item BEFORE the

bidding begins. You can purchase one chance for \$100 and only 125 chances will be offered, so get your Best of Live tickets now by clicking on the BEST OF LIVE button on our website. The winner will be announced at the event and does not need to be present.

Much to our delight, included in this year's Live Auction (however, not in Best of Live) is **2 Hamilton tickets in New York City + 3 nights lodging + \$500 + 50,000 AA miles!** Must be present to bid.



Special thank you to this year's emcee Heidi Glaus, host of Show Me St. Louis on KSDK

Mission: To provide nutritional support and enhance the quality of life for thousands of low-income men, women and children with HIV/AIDS or cancer in the St. Louis area.

Thank you to our A Tasteful Affair 30 Sponsors!

Executive Producer
CENTENE
Charitable Foundation

Director



EMERSON

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The Gill Family
Paul Higgins
Kling Family Foundation
Saint Louis University Cancer Center
Schnucks Speciality Pharmacy
Alvin J. Siteman Cancer Center

Choreographers

Ameren Missouri
Brown Smith Wallace LLP
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Meet Lauri Hardy, RN

Lauri Hardy, RN, has been volunteering with Food Outreach for over 20 years, and began volunteering with us during the days when Food Outreach was based in the basement of Union Avenue Church.

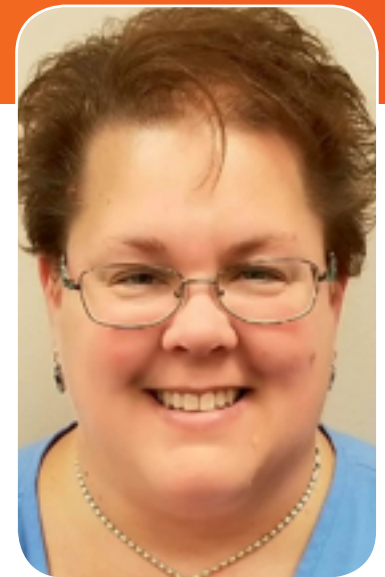
Lauri is currently a nurse in the Mercy Cancer Center in Festus, Missouri. Through working in the Cancer Center, she saw that some of her patients face financial struggles. Some patients are unable to take care of their bills and have no resources to purchase food with the medically-recommended

nutrients. They also lack help with meal preparation and access to professional nutrition counseling, all the while battling the life threatening disease of cancer. Lauri began making referrals to Food Outreach, but found that some of her patients were struggling to even get gas money to drive to our Center, so Lauri took it upon herself to begin volunteering to pick up food for these clients.

Nutritious food is critical for patients with cancer, "Food is fuel for the body...it helps in their cancer treatments", says Lauri.

When asked why she has been volunteering with Food Outreach for so long, Lauri responds, "I just like to help. It is my God given talent. It gives me a way to help my patients beyond my job skills, and allows them to not have the stress of preparing and cooking meals." Lauri says that her patients are very grateful for the food from Food Outreach and they also appreciate her extra efforts.

We are so grateful for Lauri's passion, kindness and time in volunteering to help some of our clients receive the nutritious, scratch-made meals and groceries from Food Outreach.



About Food Outreach

Food Outreach is the only St. Louis area organization whose mission is to provide nutritional support and enhance the quality of life of men, women and children living with HIV/AIDS or cancer.

General Inquiries:

e-mail: info@foodoutreach.org and your message will be forwarded to the appropriate person.

Welcome!

New Staff!

Justin Kralemann, Director of Development

New Board Member!

Paul Lovell, Solution Consultant – Strategy, Ultimate Software



M·A·C Employees delivered a check from the MAC AIDS FUND (macaidsfund.org) for \$15,000 to Food Outreach on November 5. This fund is supported exclusively by the sales of M·A·C's VIVA Glam lipstick and lip gloss line. (Julie Pole, our Executive Director, proudly wears her favorite VIVA Glam color in this photo and every day!)

Wish List For Clients

Microwave Ovens • \$5 Gift Cards
• Blenders • Can Openers

Save The Dates!



Derb-E-Yolk-E

Sunday Brunch: Fun with a purpose

Der-B-Yolk-E – Sunday, June 24, 10:30 a.m. – 1:00 p.m.

Single tickets \$40 each OR \$320 for a table of eight

Join us for another Sunday Funday Brunch with a 3 course meal made by our very own chef with unlimited trips to the Kentucky Derby Punch/Bloody Mary bar! DJ extraordinaire, Jeff Barnes, will be spinning tunes for us again, and everyone is encouraged to wear their favorite Derby hat!



Tapped in Maplewood – May 15 – 20

At Tapped, any tips offered at check-out are given to a local charity that changes weekly. Food Outreach has been chosen to receive all tips between May 15 – 20. Located at 7278 Manchester Road in Maplewood.

Steins for Support – Tuesday, August 28, 5 – 8:00 p.m.

Steins for Support occurs every Tuesday evening at Urban Chestnut's Midtown Brewery and Biergarten (located at 3229 Washington Ave., 63103) where 10% of beverage sales are donated to a local charity. On Tuesday, August 28, from 5pm-8pm, 10% of beverage sales will be donated to Food Outreach. We invite you to join us that evening to share some tasty beverages and comradery!



Calendar of Events

April

- 5 Client Educational Breakfast
- 7 Saturday Cook & Pack
- 14 Saturday Cook & Pack
- 21 NO Saturday Cook & Pack
- 22 A Tasteful Affair 30 (Four Seasons)
- 28 Saturday Cook & Pack

May

- 2 GiveSTLDay
- 3 Client Educational Breakfast
- 5 Saturday Cook & Pack
- 12 Saturday Cook & Pack
- 15-20 Charity of the Week at Tapped (Maplewood)
- 19 Saturday Cook & Pack
- 26 NO Saturday Cook & Pack
- 28 Memorial Day-Food Outreach Closed

June

- 2 Saturday Cook & Pack, Nutrition Center Closed
- 7 Client Educational Breakfast
- 9 Komen Race for the Cure – NO Cook & Pack
- 16 Saturday Cook & Pack
- 23 NO Saturday Cook & Pack
- 24 Der-B-Yolk-E
- 30 Saturday Cook & Pack

July

- 4 Independence Day - Food Outreach Closed
- 5 Client Educational Breakfast
- 7 Saturday Cook & Pack
- 14 Saturday Cook & Pack
- 21 Saturday Cook & Pack
- 28 Saturday Cook & Pack

August

- 2 Client Educational Breakfast
- 4 Saturday Cook & Pack
- 11 Saturday Cook & Pack
- 18 Saturday Cook & Pack
- 25 Saturday Cook & Pack
- 28 Steins for Support at Urban Chestnut (Washington Ave.)

September: HUNGER ACTION MONTH

- 1 NO Saturday Cook & Pack, Nutrition Center Closed
- 3 Labor Day – Food Outreach Closed
- 6 Client Educational Breakfast
- 8 Saturday Cook & Pack
- 15 Saturday Cook & Pack
- 22 Saturday Cook & Pack
- 29 Saturday Cook & Pack



Volunteer Opportunities

Food Outreach depends on the generosity and commitment of our volunteers, many of whom have been with us for many years. We couldn't do what we do without their support, and we are always looking to add more volunteers to our team. If you are interested in volunteering with us, we offer a variety of ways you can support us.

To learn more, please contact our Volunteer Coordinator/ Clients Service Manager, Kathy Spencer at 314.652.3663 ext. 111 or kathy@foodoutreach.org.

Tributes

Tributes received after February 16, 2018 will appear in the next Food For Thought.

IN MEMORY OF

Larry Boxerman

Marilyn Gomerick
Margie Kindt
Susan Kottler
Kathy Maxson
Mary Ann Morley
Barbara Shapiro
Edith Tashma

Kenneth Brinkmeyer

Susan & Stan Kottler

Beth Burns

Thomas Burns

Margie Calcaterra

Jerry Calcaterra & Ken Alexander

Michael Dombard

Sandra & James Dombard

Scott Douthit

Debi Taylor

Harold Glad

Ken Alexander & Jerry Calcaterra

Rod S. Hartman

Dr. Jerry Fivian

W. Glenn McPherson

Frances M. Baker

Arthur Menendez

Nancy D. Marti

Ellen Moore

Matthew Marting

Deborah K. Nalley

Terrance A. Pickles

Penny Neale

Philip W. Neale

Ann Ogawa

Nancy Marti
Kathleen Robinson
& Sandy Magurany

Randy Presley

Deborah & Andy Conover

Don Reilly

Julie H. Reilly

William Roth

Karen J. Roth

Ruth Ann Seth

Vicki & Bruce Ritts

Salle R. Siegel

Susan & Stanley Kottler

Jay Smith

Dan & Karen Ockner

Susan Svejkosky & Al Svejkosky

Joelene Wentz

IN HONOR OF

Peter & Linda Barnes

Jim & Sue Ashwell

Luiz Botelho-Gomes

William M. Hart

John Brewer

Peter C. MacNichols

Diane Cash

Thomas Cash

Jim Cash

Thomas Cash

Mike & Karen Cash

Thomas Cash

Thomas Cash

Michael Cash

Craig & Denise Evans

Justin & Robert Schneider

Web Gaskin

John E. Brewer

George Handran

Lee & Julie Bearman

Bob & Diana Jackson

Dawn Uhrig Winner

Jon & Ed

Darcy & Steve Hunter

Rich Kluesner

Darryl Redhage

Michael & Adam Lunter

Michael Allocca
Rebecca Bart
Andrew & Junko Bush
B. & L. Cohen
Emily B. Colton
Susan & Kenneth Ehlen
Andy Friot
Stephen P. & Nancy R. Friot
Michael Gaade
Thomas Hake
M. & N. Jacobson
Gary Scott James
& Julie Ellen Martin
Levenhagen Law Firm. P.C.
Georgie Smith
Rodney S. Uhrig
Holly Wortman-Sheehan
& Brendan Sheehan

Lennon Malan

Sarah & Nicholas Angelides

Rob Mead

Jacquelyn Jones

Keith Mosier

Roger Herriman

Mike Parker & Logan Smith

John E. Brewer

Dr. David Prelutsky

Leon Chapman

Barb & Tim Rand

Jae Moreno Rand

Julie Reilly

Rhonda Reilly

Donna Rogers

Donna Boxx
Deb Holmes
Mil E. Hood

Mary Sue Rosenthal

Diane Bentrup Widdicombe
Susan Block & Frieda Smith
Donna Boxx
Sherry Brendel
Crystal Brigman Mahaney
Kimberly Brown
Buff Buffkin &
Donn Kleinschmidt, MD
Louise Burger
Thomas Cash
Stephanie Clemens
Vickie Corkhill
Nancy Cross
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Cindy Featherstone Lynch
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Robert Gee

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Ken Haller

Alyssa Hilderbrand

Marian & Bud Hirsch

Cindy Huppert & Kathy Hassenflug

Carol Jauquet

Melanie Kneis Schmickle

Todd Knickerbocker

& Jerry Steinkuehler

Susan Kohl & Rosemary Denson

Mimi Lee

Bill Lehares

Faye Licata

Sharon Lightfoot

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Marc Marger

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Colleen McCorry

Josie McDonald

Keith Mosier & Roger Herriman

Mike Mullins

Dean Ogren

Cheryl Oliver

Bob Puricelli

Teresa Rankin

Darryl Redhage

Donna Rogers

Steve Rosenthal

Dan Rosenthal

Lori Rosenthal

Marge Rosenthal

Linda Rosenthal Irick & Rex Irick

John Russell

Pam Schnieder

Troy Skaife & Eric Ericson

K Michael Smith

Jeane Sola

Kathy Spencer

Mark Spurrier & Karl Koesterer

Eleanor Tate

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Paula Watson

Jo Wentz & Laura Wheat

Paul A. Williams & Rudi J. Bertrand

Chu Woolery

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Michael Schrader & Steven Sperotto

Justin & Robert Schneider

Linda & Richard Smith

Helene & George Frankel

Toni L. Smith

Joelene Wentz

Pat Steger

John E. Brewer

Dr. William Summers, MD & Staff

Jeana Ring

Delmar Tegtmeier

John F. Saric

Evie Wood

Alan & Jeannette Nissenbaum

Check out what Friends of Food Outreach (FOFOs) have been doing to support the lives of our clients!

Country Cocktails, Orlando's Catering: Sam Orlando, Jr., former Food Outreach Board Member, long-time volunteer and donor, hosted his annual "Country Cocktails" event on November 17th at the Lodge at Grant's Trail. Country Cocktails raised more than \$7,325 for Food Outreach! We are grateful to Orlando's Catering, Sam and all of his Friends of Food Outreach – FOFO's – for their years of supporting our mission.

Lennon's 8th Birthday: Last October, Lennon requested canned goods and cash donations for Food Outreach rather than gifts for his 8th birthday. We are deeply touched and inspired by his kindness and are reminded of how much good there really is in this world. Pictured left to right are Steve, Lennon, Jilly and Angel Malan.



Facebook Birthday Fundraiser: Mary Sue Rosenthal, Food Outreach's Director of Operations, celebrated her 60th birthday by inviting her family and friends to a Facebook Fundraiser and raised \$3,243 to support our services. Mary Sue's Facebook "event" drew attention from folks in Australia, Belgium, England, Germany and the U.S., bringing our mission to the attention of many new donors.



Show Me Bears St. Louis a social and charitable fundraising organization, raised \$35,000 for local HIV/AIDS agencies and presented Food Outreach with a check for \$10,000. In addition to their years of philanthropic support, these Big-Hearted Bears have volunteered in our nutrition center, the kitchen and at our Saturday Cook and Packs for years!



Rich Kluesner, former Food Outreach Treasurer and Board Member, hosted a Monday Hot Lunch program and inspired friends to donate over \$2,500 to support our work.



Michael and Adam Lunter married in the fall and invited their guests to make gifts to Food Outreach in lieu of wedding gifts. We are thrilled that Adam and Michael, a Red Apron volunteer, celebrated their special day through their love and support of our mission, which resulted in gifts raised totaling \$1,966.00.



12th Annual Cranksgiving: Over 700 people from all over the St. Louis region turned out the morning of November 5th at the Schlafly Tap Room to begin the 12th annual Cranksgiving ride. Sponsored by our long-time partner, BWorks, this annual event brings out cyclists who ride anywhere from 5 to 26 miles to a series of grocery stores, buying non-perishable food items along the way to donate to Food Outreach.



Support for our services included 8,415 cans; over \$1,600 from individual donors; a gift from Tiny Little Monster of \$500; a donation from food sales of \$423 from Schlafly; great interviews aired on St. Louis TV stations and tons of hard work from over 50 volunteers! Whether you attend Cranksgiving every year or want to attend for the first time, this early November event reminds all of us about the amazing services Food Outreach provides to thousands of neighbors and community members and demonstrates through hundreds of riders and volunteers alike that the missions of Food Outreach and BWorks are supported by our region.

Food Outreach celebrated our 2017 Main Ingredient award recipients on November 29 in the Moulin Centennial Ballroom. Pictured here (left to right) accepting on behalf of their organizations:

Siteman Cancer Center: Nick Fisher, Executive Director of Research & Business Administration

Enterprise Holdings Foundation: Marie Artim, Vice President, Talent Acquisition, Enterprise Holdings Inc.

Sigmond & Marie P. Baer Charitable Trust, Justin Meyer, Trust Managing Director, U.S. Bank

BWorks Cranksgiving Volunteers: Wayne Brinkman, BWorks Board President



Do you have a special occasion coming up in 2018? Would you like to impact the lives of our existing clients and the hundreds of new clients we will serve in 2018?

Our celebration can impact the nutritional needs of individuals who come to us hungry and fighting their illnesses. Think Bat Mitzvahs and Birthdays; Anniversaries or Annual Family Reunions; Pet Adoptions and Prom Parties – for these or any other celebrations, please contact Marcia Whelan at (314) 652-3663 ext. 118 or marcia@foodoutreach.org

2017 Donor Support

\$5,000.00 +

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BJC HealthCare
Broadway Cares/Equity Fights AIDS
Diana Burnson and Kathy Grewe
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\$2,500 to \$4,999

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Mary and Phil Hickman
Paul Higgins
Al Hopeft
Steve and Darcy Hunter
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Aimee James
Jackie Jones
Jim Jurkanin
Caryn Fine and Robert Kanterman
Jan Killoogh and Laura Dreifke
Nancy and Ken Kranzberg
Doug Krauss and Joe Freaney
Pat and Jerry Krull
Laura Lock
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